

**1 Title of the Practice:** Integrated Approach for holistic Development of students

**2. The context that require the initiation of the Practice:**

The college focuses on an activity-based environment to get hidden talent, aspirations and dreams voiced and an overall personality and career development of the students. The students come from different social and economic backgrounds and with varying academic, cultural, intellectual abilities and interest. Students' Holistic development, which encompasses academic, emotional, social, and ethical growth, is crucial in preparing students for the complexities of the modern world. Our objective is to provide platform to students for all round development. In this context, the college initiated various programs via different committees/ cells to involve the students in different activities based on their interest.

**3. Objectives of the practice.**

- To provide excellent opportunities for all round development of students.
- To develop interpersonal skills among students
- To inculcate moral value and social responsibilities among students
- To make students conscious about fitness, coordination and balance
- To provide platform for students' capacity building

**4. The Practice:**

The college is dedicated to a holistic approach to student development, addressing their needs in every aspect of life and providing diverse opportunities for their overall 360 degree growth.

**Academic Development:** Apart from core academic programs, the college offer various **Add-on and Certificate course** for skill development of students. Integration of experiential learning methods, such as internships, field projects, problem solving methods provide practical applications of classroom knowledge and foster real-world skills.

**Fostering Moral Growth for responsible citizenship:** Ethical and moral development is another crucial aspect of holistic education. To foster a sense of social responsibility and ethical awareness among students as well as to imbibe Authenticity, Self-expression and Value Creation, college offer a program '**SarvaNetrutva**'- a **five days residential training program**. By confronting national integrity, social challenges and ethical dilemmas, students are trained for the development of a strong sense of moral responsibility and become engaged citizens who contribute positively to society.

**Professional Development:** College has a center for Finishing School from Government of Gujarat. For effective Communication Skill, Oratory, GDs, Interview Techniques and Life skills, the college organizes 80 hrs training program under "Finishing School".

**LAKSH:** For Physical Fitness, Health and Hygiene, the college provides Centrally AC Indoor Sports complex with more than 9 indoor games. The LAKSH program is designed on Fitness Components like Speed, Endurance, Flexibility, Agility, Strength, Stamina, Power, Coordination and Balance. Participants have to prove themselves in each task in all the three rounds with full efficiency. Final Round conducts at Uttarakhand. Winner receives Rs.50000/- cash award with trophy.

**Sapta-Dhara:** More than 27 multiple cultural activities are organized to provide vast platform at

college, University, Inter Zonal Youth Fests for students' 360 Degree Growth.

**Gender Equity:** Through **Women Development Cell (WDC)** as well as **Women Entrepreneurship Cell(WEC)**, college provided an equitable ambiance with equal opportunities to all students. Under WDC and WEC, the college organizes various activities for all the students.

#### **5. Evidence of success:**

- Improved skill development of students.
- Development of Leadership and moral values among students after attending 'Sarva Netrutva' events. Students take various projects related to social responsibilities after SN events and contribute for communal harmony.
- Increased Cultural Competence and Inclusivity: By providing college level opportunities via Sapta-Dhara events, students get prepare for participate at university level. **More than 54 awards have been received** at university/ state /national as well as international level of sports and cultural events by the college students.
- College students Mahek Patel has won bronze medal at National level in Arm wrestling and she has been felicitated with 'Mahila Gaurav Award' with cash prize of Rs.25000/- during International Women's Day celebration.
- Ms. Komal Solanki has been awarded the LAKSH championship with trophy and a cash award of Rs.50, 000/- .
- Training by 'Women Entrepreneurship Cell' inculcates entrepreneurial mindset among students. Students from B.Voc Agriculture program have started their own business as 'Agri- entrepreneur' after attending such trainings.
- Participation in various events designed for holistic development of students is evidenced through improved academic performance, higher student engagement in various activities, better mental health, and other indicators.

#### **6. Problems Encountered:**

- Balancing Academic and Extracurricular Commitments by Students
- Mentoring students for participating in all these activities due to limited number of days in semester system.

#### **7. Resources Required:**

- Financial support to organize comprehensive growth activities
- Homan resources such as resource persons as well as staff involvement for organization and execution of all such activities
- Infrastructural management to organize all these activities

