

SYLLABUS FOR NCC (BASIC TRG.)
BLOCK SYLLABUS :
COMMON SUBJECTS : SD/SW (ARMY)

SR	Subject	No. of Periods
1.	The NCC	02
2.	National Integration and Awareness	06
3.	Drill	14
4.	Weapon Training	12
5.	Personality Development Life Skills	09
6.	Leadership	04
7.	Disaster Management	03
8.	Social Awareness and Community Development	05
9.	Health and Hygiene	04
10.	Adventure	04
11.	Environment Awareness and Conservation	01
12.	Obstacle Training	02
	Total	66

DETAILED SYLLABUS
COMMON SUBJECTS : SD/SW (ARMY)

1. **The NCC (N).**

S No	Code	Subject	No. of Periods	Type
(i)	N - 1	Aims and Objective of NCC	01	L
(ii)	N - 2	Organisation and Training and NCC Song	01	L
		Total	02	-

2. **National Integration and Awareness (NI).**

S No	Code	Subject	No. of Periods	Type
(i)	NI - 1	Heritage of India	03	L
(ii)	NI - 2	Freedom Struggle and Nationalist Movement in India	03	L/Di
		Total	06	-



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3. Drill (D)

(a) Foot Drill (FD)

S No	Code	Subject	No. of Periods	Type
(i)	FD - 1	Drill Ki Aam Hidayaten Aur Words of Command	01	L/P
(ii)	FD - 2	Savdhan, Vishram, Aram Se Aur Mudna	01	L/P
(iii)	FD - 3	Kadwar Sizing, Teen Line Banana, Khuli Line aur Nikat Line Mein March	01	L/P
(iv)	FD - 4	Khade Khade Salute Karna Parade Par, Visarjan aur Line Tod	01	L/P
(v)	FD - 5	Tej Chal- Tham aur Dhire Chal- Tham	01	L/P
(vi)	FD - 7	Tej Chal Se Mudna	01	L/P
(vii)	FD - 8	Tej Chal Se Salute Karna	01	L/P
(viii)	FD - 11	Teenon teen se ek file aur ek file se teenon teen banana	01	-
		Total	08	

(b) Drill With Arms (AD)

S No	Code	Subject	No. of Periods	Type
(xii)	AD - 1	Rifle Ke Saath Savdhan, Vishram aur Aram Se	02	L/P
(xiii)	AD - 2	Rifle Ke Saath Parade Par aur Saj	01	L/P
(xiv)	AD - 3	Rifle Ke Saath Visarjan aur Line Tod	01	L/P
(xv)	AD - 4	Bhumi Shastra aur Uthao Shastra	01	L/P
(xvi)	AD - 5	Bagal Shastra aur Baju Shastra	01	L/P
		Total	06	

4. Weapon Training

S No	Code	Subject	No. of Periods	Type
(i)	WT - 1	Characteristics of a rifle/rifle ammunition and its fire power	01	L/P
(ii)	WT - 2	Stripping, assembling, care and cleaning and sight setting of .22 rifle	01	L/P
(iii)	WT - 3	Stripping, assembling, care and cleaning of 7.62 mm SLR	01	L/P
(iv)	WT - 4	Loading, cocking and unloading	01	L/P
(v)	WT - 5	The lying posn. holding and Aiming - 1	01	L/P
(vi)	WT - 6	Trigger control and firing a shot	01	L/P
(vii)	WT - 7	Range procedure and safety precautions	01	L/P



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(viii)	WT - 8	Theory of group and snap shooting	-	-
(ix)	WT - 9	Short range firing, aiming II – Alteration of sight	05	P
		Total	12	-

5. **Personality Development and Leadership (P).**

S No	Code	Subject	No. of Periods	Type
(i)	P - 1	Introduction to Personality Development	02	L
(ii)	P - 2	Factors influencing/ shaping personality Physical, Social, Psychological and Philosophical	02	L
(iii)	P - 3	Self - awareness Know yourself/ insight	03	L/P
(iv)	P - 4	Empathy	02	L
		Total	09	

6. **Leadership Development (LD).**

S No	Code	Subject	No. of Periods	Type
(i)	L - 1	Leadership Traits	02	L
(ii)	L - 2	Indication of Good Leadership	01	L
(iii)	L - 3	Leadership & Motivation	01	L
		Total	04	-

7. **Disaster Management (DM).**

S No	Code	Subject	No. of Periods	Type
(i)	DM - 1	DM Organisation Legislation Policies	01	L
(ii)	DM - 2	Types of emergencies/ Natural Disaster	01	L
(iii)	DM - 3	Essential Service and their maintenance	01	L
		Total	03	-



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8. Social Awareness and Community Development (SA)

S No	Code	Subject	No. of Periods	Type
(i)	SA - 1	Basics of Social Service its needs	01	L
(ii)	SA - 2	Rural Development Programmes	01	L
(iii)	SA - 3	NGOs: Role and Contribution	01	L
(iv)	SA - 4	Civic Responsibility: Swachh Bharat Abhiyan	01	L
(v)	SA - 5	Contribution of Youth towards Social Welfare	01	L
Total			05	-

9. Health and Hygiene (H)

S No	Code	Subject	No. of Periods	Type
(i)	H - 1	Structure and functioning of the human body	01	L
(ii)	H - 2	Hygiene and Sanitation(Personal and Food Hygiene)	02	L
(iii)	H - 3	Physical and Mental Health	01	L
Total			04	-

10. Adventure Training (ADV)

S No	Code	Subject	No. of Periods	Type
(i)	ADV - 1	Para Sailing	04	L/D/
Total			04	-

11. Environment Awareness and Conservation (E)

S No	Code	Subject	No. of Periods	Type
(i)	E - 1	Natural Resources Conservation and Management	01	L/Di
Total			01	-



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12. Obstacle Training (OT).

S No	Code	Subject	No. of Periods	Type
(i)	OT - 1	Obstacle Course	02	L/D/
		Total	02	-
		Grand Total	66	-



A handwritten signature in blue ink, appearing to be "S. S. Patel", written over a horizontal line.

Principal
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